

EFFORTS TO DEVELOP CHARACTER EDUCATION THROUGH HABITS IN PONDOK PESANTREN

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Abstract: *This research is motivated by an observation in the field that to develop character education for students there are several processes that must be considered by an educator, including through the process of habituation. Here the researchers took the research location at the Nusa Putra Raudhatul Irfan Islamic Boarding School to observe the activities and activities of the students every day. To develop character education through this habituation, the researchers and the students also feel what the students do every day. Among them, the first results were obtained, the students used to practice the Fardhu prayer five times in congregation in the mosque or in the dormitory. Second, students get used to eating on time, students get used to exercise in the morning after Fajr prayer and other habits.*

Keywords: *Character education, habituation, and Raudhatul Irfan's Nusa Putra Islamic Boarding School*

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INTRODUCTION

One of the problems faced by the world of education in Indonesia is the moral crisis that is being experienced by most of the younger generation. One of the influencing factors is the lack of optimal educational institutions (schools) in shaping the character or personality of students in accordance with the noble cultural values of the nation. This happens because most schools provide an unbalanced portion of cognitive and affective students. Most schools only focus on the (cognitive) knowledge of their students with less attention to the value of students' attitudes or personalities. This can be overcome by imitating the existing learning model in Islamic boarding schools in instilling character values in students. Because the pesantren is considered successful in carrying out character education for its students. Education so far has not succeeded in overcoming the social crisis, because education is too fascinated with academic targets.

The character education that has been implemented in the last few years by the government in formal schools has not yet been able to answer the existing needs. This is because school education is still minimal and it is difficult to apply the moral aspects of knowing, feeling and action in an integrated manner. This situation is different

from cottage education. Islamic boarding schools that have long been implementing character education where the three morals are accustomed to being applied in everyday life.

This implementation can be done effectively because there are examples from clerics or kiai, and 24 hour education is in an integrated environment. Unfortunately, this pesantrenstyle character education model seems to have been forgotten. Even though it has long been rooted in people's lives. For this reason, it is time for character education to be urgently applied in overcoming social problems by glancing at the local wisdom in pesantren education..

The ability to control oneself and regulate emotions, polite behavior in accordance with local norms and customs, an attitude of tolerance and peace-loving, responsible moral behavior, seem to no longer be seen as important life values in guiding and directing human life, both as individual beings and social beings. From several phenomena and concerns that have occurred recently in Indonesia, namely about bad habituation and the decreasing degradation of morals, ethics and morals, this problem becomes our common duty and responsibility to begin. from family, community and government to immediately

deal with and find a solution. The moral and moral crisis that has recently hit our homeland can actually be overcome with existing educational institutions, namely through Islamic boarding schools through positive habituation in all aspects of the life of the santri. This research is "an effort to develop character education through habituation in the Nusa Putra Raudhatul Irfan Islamic boarding school". As for the formulation of the problem, First, how are the efforts to develop character education through habituation in the Nusa Putra Raudhatul Irfan Islamic boarding school?

Second, what are the supporting factors in realizing efforts to develop character education through habituation in the Nusa Putra Raudhatul Irfan Islamic boarding school? Basic Theory of

Understanding Habit. Then, the meaning of habituation or habit according to the Big Language Dictionary is a pattern for responding to certain situations that are studied by an individual and which he does repeatedly in the same thing.

There are several definitions put forward by experts among the notions of habit: first, habit is behavior that individuals tend to always highlight in dealing with certain circumstances or when in certain circumstances. Second, habit is a process of

"internalization" of societal norms, and there is maturity from an organic biological point of view which is manifested in the form of conscious behavior. Third, habits are the result of a series of stimuli and answers learned by children and carried out continuously. So habituation training is an intensive effort to create an environment (stimulation) as a source of behavior, which tends to be highlighted by individuals as a process of internalizing environmental norms in order to obtain optimal maturity and personality development.

Habits are usually carried out from generation to generation from parent to child, from teacher to student. So that in practice even bad habits will be considered correct because they are embedded in the human subconscious. Habit to become a habit starts at an early age. Even in the womb of a fetus or baby, murathal al-quran and Mozart music have been played for brain development. Likewise with health (Thomas Lickona, 2012: 23).

In developed countries, this habit has become a culture, even to the etiquette in the toilet and others. Supposedly in a country where the majority of the population embraces Islam this is not new anymore, because it has been taught to have a pilgrimage, ablution, tayamum, bersiwak

and bathe. So that cleanliness and health are inherent in everyday life. But all this is not compatible in our country. This is what causes many diseases in Indonesia to be environmentally based and unsanitary and healthy living habits. In addition, there are several definitions of learning habits according to the expert which also vary, depending on which angle the expert describes learning habits.

Learning habits are someone's learning behavior from time to time in the same way, in order to increase knowledge both at school and at home. Learning habits that are positive or good will help students to master the subject matter, so that by having good study habits, someone will determine success in learning. In the Big Indonesian Dictionary the meaning of habit is something that is usually done.

The notion of learning habits is a way of acting that is obtained through repeated learning, which in turn becomes permanent and automatic. Meanwhile, according to Sulaeman, learning habits can be interpreted as steady methods or techniques that are carried out by students when they receive lessons from the teacher, read books and do school assignments, and arrange time to complete these activities

Oemar Hamalik argued that "someone who wants to be successful in learning should have a good attitude and study habits." From some of the definitions of learning above, it can be concluded that learning habits are the ways students learn to achieve certain goals which are carried out regularly so that they become a habit. Meanwhile, according to Gilmer, he stated that "Habit a well learned response was carried out automatically". So habit has the power to dominate someone's behavior. From this understanding, several things can be concluded as follows: first, habits are learning outcomes that show certain patterns of behavior. Second, habit always shows a behavior. Third, habits have characteristics or features such as: consistent, automatic, certain, easy, integrated with the individual. Habits can also be strong or weak depending on the motivation that accompanies them from the goals and objectives of the activity that has become a habit. Fourth, well-structured and well-planned study habits will produce an achievement that can provide encouragement for individuals to continue to excel. Basic Habitual Theory. It has been a long time since scientists and scholars have paid attention to the ins and outs of children's life, especially from the point of view of their development, in order to reach the maturity process. Children must grow

and develop into mature humans, capable and able to change themselves, independently, independent of others. It doesn't even cause problems for the family, group and society. In the late 17th century, an English philosopher named John Locke argued that experience and education were the most determining factors in the development of children's personalities. The child is depicted as a piece of paper that is still clean. So the scribbles that leave the paper trail determine how the paper will turn out.

John Locke introduced the theory of *tabula rasa* which reveals the importance of the influence of experience and the environment on children's development. When a child is born, a person is still clean and sensitive to stimuli that occur in the environment of parents and family who are the closest environment.

LITERATURE REVIEW

Habit

Habit is a practical effort in fostering and shaping the character or morals of students or students. Habitual efforts are made considering that humans are forgetful and weak. Habits actually mean what experiences are used to. Basically what is habituated is what is practiced and in essence contains the value of goodness and

positive direction. Therefore, the description of habituation is always in line with practicing the known goodness (Haidar Putra Daulay, 2001: 65). instilling truth values in students or students. Education is a process of changing the behavior of students so that they become adult humans who are able to live independently and as members of society in the natural environment around which the individual is located..

METHODOLOGY

Research Strategy

This research is a qualitative research with a study of activities at the Nusa Putra Roudhatul Irfan Islamic Boarding School which contributed to the University of Nusa Putra.

Research Object

This study investigates the character education that was developed with a focus on types of values and indicators, character education at the Nusa Putra Islamic boarding school students. This activity emphasizes daily activities and processes in character education carried out by the students.

Measurement

This activity is carried out through interviews and discussions, face to face with

the caregivers of the Nusa Putra Islamic Boarding School.

DISCUSSION

Analysis

Habit is a practical effort in fostering and shaping the character or morals of students or students. Habitual efforts are made considering that humans are forgetful and weak. Habits actually mean what experiences are used to. Basically what is habituated is what is practiced and in essence contains the value of goodness and positive direction. Therefore, the description of habituation is always in line with practicing the known goodness (Haidar Putra Daulay, 2001: 65). instilling truth values in students or students.

Education is a process of changing the behavior of students so that they become adult humans who are able to live independently and as members of society in the natural environment around which the individual is located.

The example of a teacher reflects that all of his behavior, speech, character, and manner of dress can all be imitated. The essence of habituation in education is repetition. For example, educators always remind students or students that dressing as a Muslim should be in accordance with religious guidance, and getting rewarded for following it and

receiving rewards or sanctions for those who ignore it. This kind of delivery when heard and understood, automatically students can get used to dressing in accordance with religious guidance. Moral habituation begins when the child is born with the treatment of the parents in accordance with the guidance of the child. This is followed by familiarizing the children with good manners and noble character in accordance with religion, as well as educating them to leave what is disgraceful and forbidden in religion.

Habit is something that is important in education, especially getting used to doing good. And here, the researchers also took the time to interview the problems of habituation at the Raudhatul Irfan Nusa Putra Islamic Boarding School with the boarding school's caregiver named Ustadz Irfan Sofian. Among them, how is the learning system at the Nusa Putra Raudhatul Irfan Islamic Boarding School, formally and informally since Ustadz has been doing it until now? His answer, "Yes, not much different. So if we can see our names at the Education Center, it means not just teaching, only the transfer of knowledge but also how we can educate, train and familiarize us with how to be responsive, honest, courageous, diligent and responsible children. Then the way is by applying the principle of discipline that we have created together to make the

children or students get used to it. And that habit, God willing, will become the second character of the students.

Said the boarding school administrator, "if children are accustomed to disciplining their time, such as sharing bath time, recitation, sports, studying, and other activities, God willing, the students will learn for 2 years. what they experienced in the cottage. When they return to society, God willing, it will become good habits and character. That is the habituation process at Raudhatul Irfan's Nusa Putra Islamic Boarding School, who is a researcher who conducts direct interviews with Raudhatul Irfan Nusa Putra Islamic Boarding School caretakers, while the habituation referred to by researchers is all activities and activities of students carried out routinely and continuously at Raudhatul Irfan Nusa Islamic Boarding School. Putra. Researchers also made observations and direct observations in the field of student activities carried out every day, such as congregational prayer five times a day, daily diet, exercise patterns, muhadharah activities at night, and reciting the Koran. The activities and activities of the students at the Raudhatul Irfan Nusa Putra Islamic Boarding School, namely the congregational prayer activities for the students at the Raudhatul Irfan Nusa Putra Islamic

Boarding School, take place regularly every day. Researchers made direct observations at the Raudhatul Irfan Islamic Boarding School Nusa Putra about the activities of congregational prayer for the students. "There are two places to pray in congregation. For male students at the mosque and for female students at the hall. First, for congregational prayers at the mosque the time has been determined, that is, every Fajr prayer and Dhuhur prayer asr prayer which is mandatory for students to follow. Second, congregational prayers in the santri dormitory are required at sunset and Isha prayers ". The researcher also interviewed one of the students who is currently studying at the University of Nusa Putra, because at the Raudhatul Irfan Islamic Boarding School, all of the students are students who have passed the santri scholarship at Nusa Putra University. First, the researchers performed regular congregational prayers. It's really hard, especially if you have to get up early at around 03.30 to get ready to perform the night prayers and in congregation with the dawn prayer it feels quite heavy. But over time, congregational prayer activities both at the mosque and in the dormitory have begun to get used to adapting and adjusting to these regulations at Raudhatul Irfan's Nusa Putra Islamic Boarding School. So the model

of congregational prayer habituation at the Nusa Putra Raudhatul Irfan Islamic boarding school is required for all students, so that they become orderly and time disciplined people in the future. This kind of congregational prayer model must be trained and accustomed to every day by the students, even though at first it feels very heavy, but over time it will become lighter and get used to doing it easily without having to be ordered by the board of pesantren or room attendants.

Second, the students' exercise habit. The sports activities of the students at the Raudhatul Irfan Nusa Putra Islamic Boarding School have a schedule that has been arranged by the board's caretaker. The time and place for the sports activities have also been arranged in such a way that the students can follow them in an orderly, comfortable and enjoyable manner. Here the researcher gives an example of the time the exercise is meant to be after dawn recitation. Then the students after the recitation is finished, the students change their sports clothes to take part in sports activities in the hut hall that have been provided by the board of the Nusa Putra Santri Organization (OSN).

They are students doing sports activities for 2030 minutes. There are activities that are of

interest and favor to the students, such as gymnastics, badminton and morning jogging around the community. Based on the results of observations by researchers at the location, the students are already used to regularly participating in sports activities on Sunday mornings. The students also take advantage of this time for extra sports activities that are carried out regularly once a week.

Researchers observed these sports activities directly when the students finished carrying out the recitation then returned to their respective dormitories to change clothes then went to the cottage field and coordinated by their room companion and the administrators. At that time the researchers observed in the field, they were students doing sports activities that were of their interest, such as jogging, morning gymnastics, and so on.

The lessons that can be taken from all the activities and sports activities for the students at the Raudhatul Irfan Nusa Putra Islamic Boarding School are for physical health and also spiritual health so that the students remain in a healthy condition. In addition, so that students participate in teaching and learning activities in the classroom can be maximized, always fresh and stay enthusiastic, not sleepy or sleeping

in class. The advantages of sports activities in Islamic boarding schools, apart from what has been explained by the researchers, said the caretaker is to channel the emotions of the students according to their respective hobbies and fields so that they are not easily emotional and angry. As the researchers saw in the sports field in front of the madrasa building, there were morning exercises with a very loud sound. This is proven by the students, who used to be irritable, like to get angry, then after they receive regular therapy through gymnastics or other sports, their emotions can be well controlled.

Third, the students' muhadharah habituation model. The activities of the Raudhatul Irfan Islamic Boarding School students at the Nusa Putra Islamic Boarding School follow the muhadharah.

Muhadharah activities at the Nusa Putra Raudhatul Irfan Islamic Boarding School take place twice a week, namely on Thursday nights and Sunday mornings. Researchers observed directly the muhadharah activities carried out by the students at the Raudhatul Irfan Nusa Putra Islamic Boarding School. As for the time and place for the implementation of the Muhadharah activity, the researchers can report the following: For the Muhadharah Thursday night the students prepare themselves using the

specified language, for the language is free, there are English, Arabic, and Indonesian.

The muhadharah activity is carried out regularly in the hall and this activity has become a culture and characteristic of the students of Raudhatul Irfan's Nusa Putra Islamic Boarding School since its establishment until now. After the researchers observed in the field where the students were carrying out the muhadharah, the students were seen following it with great enthusiasm and joy. Those who were performing in front of the hall for about 10 minutes were witnessed by their friends and then after they were finished they were given a big applause. With these muhadharah activities, there are many benefits that can be taken for the students of Raudhatul Irfan's Nusa Putra Islamic Boarding School. The benefits that can be taken for the students of Raudhatul Irfan's Nusa Putra Islamic Boarding School include, they become accustomed to mental training to make public speeches or forums as well as to practice the foreign languages they master, namely English and Arabic as a means of communication. It has been studied by the students at the Raudhatul Irfan Nusa Putra Islamic Boarding School. Next, as a provision for the students, if they are involved in the general public, they are not nervous.

Fourth, the students' habituation model to read Al-Qur'an. Regarding reading the AlQur'an and its virtue no doubt for Muslims. There is a hadith from Bukhari Muslim mentioned about the virtue of reading AlQu'an. Namely, "It is best that you are people who learn the AlQur'an and teach the Al-Qur'an". (Narrated by Bukhari Muslim). This hadith provides an offer and encouragement for Muslims to really study, study and deepen the Al-Qur'an and its contents properly. Because if you read the AlQur'an alone, it is a reward in itself without understanding its meaning, let alone studying and understanding its contents and even practicing it, the reward will be even more. Therefore, the activity of reading Al-Qur'an in a boarding school is already familiar, meaning that it has become a habit for students to learn to recite the Qur'an from a low level to a higher level even to memorize the Al-Qur'an.

After performing the Fajr prayer in congregation at the mosque, the students immediately recite the book together under the guidance of the ustadz. Before reciting the book, usually the students read the letter al waqi'ah first for 15 minutes then immediately start studying the book, after that it is continued to prepare for morning sports in the hut hall. The good and true learning person is likened to a person eating.

So people who are eating must pay attention to the principles of discipline and routine, and not be too full. Likewise, people learn also the same, there is no need to learn too much but little but routine or istiqomah and done continuously. In a word of wisdom it is stated, "that istiqomah is better than a thousand glory."

Therefore, as a student, he must pay attention to this principle, namely istiqomah or Javanese, getting used to it routinely. For the learning activities of the students at the Nusa Putra Raudhatul Irfan Islamic Boarding School, after the researcher observes and goes directly to the field, it can be described as follows. Namely by using group and individual models. For group learning models, usually the time and place have been determined by the committee. "Here, the students study in groups in their respective dormitories after carrying out the maghrib prayer in congregation from 18.30 WIB to 20.00 WIB and accompanied by the management and companion ustadz. This group learning activity runs regularly or istiqomah every night except on routine weekly holidays.

While the individual learning model at the Raudhatul Irfan Nusa Putra Islamic Boarding School for students who have a class schedule, other learning activities for

students at the Raudhatul Irfan Nusa Putra Islamic Boarding School include: learning discipline respecting time, namely prayer time in congregation five times, regular bedtime, meal times, and exercise times. Including how the students learn simplicity, learn independence, and learn good ethics with other people. Meanwhile, the supporting factors in the implementation of character education through habituation at the Raudhatul Irfan Nusa Putra Islamic Boarding School include: First, the students live in an integrated dormitory, so that it is easily controlled by the board, and the boarding school caretaker or the head of the

pesantren. Second, the fulfillment of facilities and infrastructure for the activities of the students, such as sports activities, and having a clear vision and mission at the Raudhatul Irfan Nusa Putra Islamic Boarding School. Fourth. There is a high sense of responsibility from the managers, administrators, and leaders of Raudhatul Irfan's Nusa Putra Islamic Boarding School to really educate and instill good moral values or character in the students. Fifth. There are clear rules and regulations for santri to be implemented as well as rules that must be abandoned in everyday life.

CONCLUSION

From the results of this study, the implementation of efforts to develop character education through habituation in the Nusa Putra Raudhatul Irfan Islamic boarding school can be concluded as follows. First, the children of the Nusa Putra Raudhatul Irfan Islamic boarding school students have already had the habit of praying in congregation all the time. The congregational prayer activities for the students at the Nusa Putra Raudhatul Irfan Islamic boarding school take place regularly every day. Second, the students of the Nusa Putra Raudhatul Irfan Islamic boarding school have also carried out routine daily exercise habits. The sports activities of the santri at the Nusa Putra Raudhatul Irfan Islamic boarding school have provisions and the time is set by the board of the boarding school. Third, the students of Islamic boarding schools have been implementing the Muhadharah Habit Model regularly. The activities of the students of the Nusa Putra Raudhatul Irfan Islamic boarding school besides following formal lessons in college classes. Fourth, the students of the Nusa Putra Islamic boarding school, Raudhatul Irfan, have become accustomed to reading the Qur'an every day. Regarding reading the Al-Qur'an and its virtue no doubt for Muslims. Fifth, the students of the Nusa Putra Islamic boarding school, Raudhatul Irfan, have been carrying out routine learning habits every day. According to experts, a good and correct learning model is istiqomah and diligent learning every day. The supporting factors in efforts to develop character education through habituation at the Nusa Putra Raudhatul Irfan Islamic boarding school include: First, the students live in the dormitory in accordance with the provisions set by the campus, namely those who pass the santri scholarship at the Nusa Putra University Second, the fulfillment of facilities and infrastructure for teaching and learning activities of the students, such as sports activities and learning in lectures. Third, have a clear vision and mission in the Islamic boarding school to develop character education through habituation at the Nusa Putra Raudhatul Irfan Islamic boarding school. Fourth, there is a high sense of responsibility from the managers, administrators, and leaders of the Raudhatul Irfan Nusa Putra Islamic Boarding School to really educate and instill good moral values or character in the students. Fifth, there are clear rules and regulations for students to implement and rules that must be abandoned in their daily lives.

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